PEQ\_MoodChanges\_1   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.    
    
1. Feelings of sadness or depression have decreased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_2 2. Feelings of sadness or depression have increased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_3   
   
   
3. Feelings of anxiety or nervousness have decreased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_4 4. Feelings of anxiety or nervousness have increased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_5   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.     
  
 5. You now feel more love and openheartedness.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_6 6. You now feel less love and openheartedness.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_7   
   
   
7. You experience less inner peace (i.e. centeredness, serenity, calmness, contentment).

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_8 8. You experience more inner peace (i.e. centeredness, serenity, calmness, contentment).

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_9   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.   
     
9. Your feelings of positive emotions (e.g. love, joy, appreciation, gratitude, contentment) have decreased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_10 10. Your feelings of positive emotions (e.g. love, joy, appreciation, gratitude, contentment) have increased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_11   
   
   
11. You feel more inspired.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_12 12. You feel less inspired.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_13   
   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.   
   
 13. Feelings of anger (e.g., bitterness, hostility, scorn) have increased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_14 14. Feelings of anger (e.g., bitterness, hostility, scorn) have decreased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_15   
   
   
15. Feelings of guilt have increased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_16 16. Feelings of guilt have decreased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_17   
   
   
17. You experience more joy.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_MoodChanges\_18 18. You experience less joy.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)